



# Wellness festival

COMMUNITY

in partnership with **Shenandoah University**

**Saturday, February 22**

**10 AM – 5 PM**

Apple Blossom Mall • Winchester, VA



• 80+ Health, Wellness and Fitness Exhibitors



• The Healthy Kid Experience: Wellness Fun for Kids



• Free and Low Cost Health Screenings



• Fitness Demonstrations

▶ Learn more at [www.valleyhealthlink.com/wellnessfestival](http://www.valleyhealthlink.com/wellnessfestival).

Funded by the Winchester Medical Center Foundation



*Healthier, together.*